

GIRL SCOUT PROGRAM

For scouts who are intermediate level riders - (already having done walk/trot)

Horse Rider Badge

Plan on covering numbers **1, 2, 3, 4, 6, 7, 8, 9**

- Prior to arrival:
1. Scout leader has parents sign Loftmar Stables Inc., releases
 2. Handing out and discussing a list of basic safety rules and barn etiquette provided by Loftmar Stables, Inc.

Hour One: \$80 (1 hour)

#4 – Clips, Combs, and More

- Name grooming tools & demonstrate use of each
- Discuss safe stall and barn behavior
- Care of horse after exercise

#2- Equipment Expert

- Discuss Types of tack and equipment and get web sites of tack shops
- Clean and care for tack

#7 - Horse Anatomy - (have chart set up)

- Name principal parts of horse
- List common ailments/diseases
- Discuss prevention measures towards common ailments

#8 - Discuss 2 new riding skills you want to learn and work on them.

Hour Two: \$80/hour (max 5 riders at a time) [time frame hrs]

#1- Get ready to Ride

- Saddle and Bridle on own
- Explain care & use of tack
- Why is correct fit important?
- Hitch horse safely - quick release knot

#6 – Horses, Safety, and You

- Discuss safety regulations & equestrian etiquette
- Show proper hand signals for riding on public roads
- Emergency dismount
- How to handle a rear, trip, buck, stop or bolt

#3&9 – In Good Form

- Demonstrate in good form:
 - Mount & dismount
 - Turn and Halt in walk and trot
 - Posting Trot

10 – See for Yourself

- Give Prince Georges Equestrian Center web site address to look up events